

Government Engineering College, Sector-28, Gandhinagar

Women Development cell

Report of the event

“Self Defense for Women”

Date: 29/4/2022

The ability to protect oneself physically from harm is a basic human right that should be accessible to everyone. Self-defense not only allows human-beings to tangibly defend themselves against physical attacks, it also sparks various benefits to them in everyday life. Important values and principles can be learned, such as hard work, dedication, and perseverance, as well as the importance of maintaining personal relationships.

To make all aware of their own hidden power to fight against any kind of attack , Women Development Cell, Government Engineering College, Sector-28, Gandhinagar has organized an event “Self Defense for Women” on Friday, April 29, 2022 at Block no.6, GEC-Gandhinagar. Faculty and Students from all departments took part in this event.

Dr. Daksha Diwan welcomed all and session commenced with a prayer. Dr. Shalini Rankavat (Activity Head, Women Development Cell) explained the objectives and importance of the event. Shihan Ramesh Z. Vasava, Chief Instructor & Technical Director Examiner-India, was the

speaker of the event. He gave guidance on how to protect oneself physically against any type of attack. This Session was quite inspiring and motivating for the students.

Attachment: Photographs of the event:





Women Development Cell
GEC-Gandhinagar
Self Defense For Women



Date: 29 April 2022
Time: 12:30 PM onwards
**Venue: Block 6 GEC-
Gandhinagar**



Patron: Dr Sweta Dave
Principal, GEC Gandhinagar

Session Expert:
Shihan Ramesh Z. Vasava
Chief Instructor &
Technical Director
Examiner-India

WDC Mentor: Dr Shalini Rankawat
WDC & Event Co-ordinator: Dr Daksha M Diwan

Convener,
Women cell, GECC

Activity Head,
Women cell, GECC